



Zhinous Hourmand Gottstein

Professional Summary

I have always appreciated the sociocultural assets, and the attributes of transparency and dynamism in teaching. My genuine curiosity about life in general, colourful teaching background in specific, and cross- cultural experiences I have been making during two immigration phases, all provide me with an innovative teaching methodology which is based on cultural awareness and caters to diverse learning styles. This, as a result, equips me with the two assets of patience and spontaneity in terms of strategically fitting my lesson plans to learners' immediate needs.

Experience

1- Title: English Co- Instructor (Formatore)

Institute: I Centri Provinciali per l'Istruzione degli Adulti

City: Arcidosso & Grosseto (Italy)

Date: Nov 2024- Jun 2025

- Taught **General English** to three different target **groups** including **(1) Italian adults** (three multi-level groups of adults who attended the course for self-improvement), **(2) non-Italian Adults** (2 multi-level classes each divided into two subgroups of A1 and B1 who attended the mandatory course in order to achieve their Italian school diploma), and **(3) non-Italian teenagers** (a multi-level class divided into two subgroups of A1 and B2 who attended the mandatory course in order to achieve their Italian school diploma).
- Prepared a subgroup of Italian adults for **Cambridge examination** for levels B1,B2 and C1 with 100% successful outcomes.
- Developed engaging lesson plans that catered to diverse learning styles and needs.
- Searched and selected standard material to foster the participants' passive skills (Listening and Reading).
- Facilitated discussions and activities to enhance students' critical thinking as the main base to help improve active skills (Speaking and Writing).

Languages:

Persian: Mother Tongue

English: C2

German: B2

Italian: A2

2- Title: IELTS Trainer
Institute: Safir English Language Academy
City: Tehran (Iran)
Date: Oct 2017-Aug 2018

- Taught **IELTS** Preparation Courses to **group classes**.
- Developed customised lesson plans to enhance student understanding of IELTS exam format and requirements.
- Delivered engaging instruction in Listening, Reading, Writing, and Speaking modules to improve student performance.
- Provided guidance on effective study techniques and test-taking strategies to boost students' confidence.
- Assessed students' progress through regular quizzes and practice tests, providing constructive feedback for improvement.
- Stayed current on IELTS trends to keep training content updated.
- Conducted workshops and private tutoring sessions for colleagues to improve their Writing teaching skills with the core attention focused on *Coherence and Cohesion*.

3- Title: IELTS Trainer
Institute: IELTS Iran Language School
City: Tehran (Iran)
Date: Nov2015-Oct2016

- Taught **IELTS** Preparation Courses to **private students**.
- Developed comprehensive lesson plans tailored to individual student needs for various English skills including reading, writing, speaking and listening.
- Assessed student progress through regular evaluations and feedback sessions.
- Guided students in exam preparation to build confidence and skills.
- Guided students towards achieving their desired band score within desired timeframes.

4- Title: English Instructor
Institute: Safir English Language Academy
City: Tehran (Iran)
Date: Apr2010-Oct2016

- Taught **General English** to **group classes** levels **A1-C1**.
- Taught several course books including *New Headway*, *Interchange*, and *English Result*, and a wide range of supplementary books in Grammar and Reading.
- Designed and implemented engaging lesson plans that catered to diverse learning styles.
- Facilitated interactive discussions that encouraged critical thinking and effective communication skills.
- Mentored junior instructors by providing guidance on teaching methodologies and classroom management techniques.

5- Title: English Teaching Assistant
Institute: University of Applied Science and Technology
City: Tehran (Iran)
Date: Oct2014-Apr2016

- **CLIL** Experience in the field of **Equine Sciences**.
- Collaborated with faculty to implement innovative teaching strategies and resources.
- Collaborated closely with lead teacher on curriculum planning and execution for streamlined teaching processes observed.
- Adapted lesson plans to suit special educational needs for improved engagement and understanding.
- Delivered literacy tasks to improve student engagement with key subject principles.

6- Title: English Instructor
Institute: IELTS Iran Language School
City: Tehran (Iran)
Date: Oct2013-Oct2016

- Taught **General English B1-C1**.
- Developed and implemented creative lesson plans for diverse classroom environments.
- Introduced world issues to encouraged critical thinking in students through engaging class debates and discussions within the English syllabus.
- Recommended effective additional learning resources, aiding continued student confidence and abilities.
- Created vibrant learning atmosphere through interactive exercises and discussions.

7- Title: English Instructor
Institute: Mojtama E Fanni
City: Tehran (Iran)
Date: Apr2010-Mar2013

- Taught **Business English to group classes** levels **A1-B1**.
- Improved student engagement by introducing interactive teaching methods.
- Enhanced students' understanding of English Business environment through provision of real-case scenarios.
- Incorporated real-world examples into lessons, leading to increased comprehension amongst students.
- Integrated film studies into curriculum, resulting in broadened cultural awareness among pupils.

8- Title: English Instructor
Institute: Shokouh Language Institute
City: Tehran (Iran)
Date: Apr2002-Aug2004

- Taught **General English** to **group classes** for **School Children aged between 10 and 13** years old.
- Taught spelling, pronunciation and sentence structure to form basic foundation of language.
- Planned dynamic, interesting lessons by incorporating variety of mediums.
- Managed challenging behaviour with firm and fair style.
- Monitored difficulties in students to provide extra coaching and assistance.
- Conducted parent-teacher meetings to discuss student performance and improvement strategies.

Conducted Workshops:

1- Workshop: **Coherence and Cohesion**

Place: Safir Language Academy, Tehran (Iran)

Date: Aug 2018

Target group: English Teachers and Instructors

Role: Conductor, Coach

2- Workshop: **Error Correction**

Place: Safir Language Academy, Tehran (Iran)

Date: Aug 2016

Target group: English Teachers and Instructors

Role: Conductor, Coach

3- Workshop: **ESA Methodology**

Place: Safir Language Academy, Tehran (Iran)

Date: May 2015

Target group: English Teachers and Instructors

Role: Conductor, Coach

Education

1- Degree: Bachelor of Science

Field: Equine Sciences

University: University of Applied Science and Technology

Date: Sep 2013-Jul 2016

City: Tehran (Iran)

2- Degree: Associate Degree (Biannual)

Field: Tourism and Travelling Industry

University: University of Applied Science and Technology

Date: Sep 2000-Feb 2003

City: Tehran (Iran)

3- Degree: Diploma

Field: Mathematics and Physics

School: Al Zahra

Date: Sep 1996-Mar 2000

City: Tehran (Iran)

	<p>Certificates:</p> <p>1- Academic IELTS Certificate Place: Tehran, Iran Date: 21.11.2015 Overall Band Score: 8.5 L: 9.0, R: 8.5, W: 8.0, S: 8.5</p> <p>1- Teacher Training Certificate Place: Safir Language Academy, Tehran, Iran Date: 02.02.2010 Duration: 40 Hours</p>
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CONSENSO dati personali

Autorizzo il trattamento dei miei dati personali presenti nel CV ai sensi dell'art. 13 del Decreto Legislativo 30 giugno 2003, n. 196 "Codice in materia di protezione dei dati personali" e dell'art. 13 del GDPR (Regolamento UE 2016/679).

Consapevole che le dichiarazioni false comportano l'applicazione delle sanzioni previste dall'art. 76 del D.P.R. 445/2000, dichiaro che le informazioni riportate nel curriculum vitae corrispondono a verità **ai sensi degli artt. 46 e 47 dello stesso D.P.R.**

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