

///EUROPEAN  
CURRICULUM VITAE  
FORMAT



PERSONAL INFORMATION

Name GRAY, CHARLES GEOFFREY JOHN  
Address [REDACTED]  
Telephone [REDACTED]  
Fax [REDACTED]  
E-mail [REDACTED]  
Nationality British  
Date of birth [REDACTED]

WORK EXPERIENCE

- Dates (from – to) 26/9/17
- Name and address of employer Cambridge Mother Tongues
- Type of business or sector Education
- Occupation or position held English Teacher
- Main activities and responsibilities Teaching English, Naples, Italy

2012 to 2012 YMCA

**Fitness Instructor/Personal Trainer**

A range of roles and responsibilities which challenged me in a field of career interest, personal highlights include confidence gained from first-hand experience with clients on a one to one basis, and making and learning from mistake made, this glimpse into the world of personal training lit an internal fire and fuelled my passion for personal training and the fitness industry

2012 Premier Inn, Lincoln

**Night Receptionist**

Duties included: Customer Service, Cleaning, Security, Handling money and cashing up. A year previous to attending university was used to gain financial stability to make university financially viable. My time taught me the value of hard work and working unsociable hours created a deeper understanding of work life balance.

2013 Lola Lo's

**Head of Promotions**

Duties included: team management, customer service, sales

The nightclub industry was a difficult workplace to balance with studying at university, working long and late hours often with responsibility of personnel and money, the fast paced environment helped improve my ability to stay calm under pressure in a loud and unpredictable dynamic.

2014-2017

**Major Label**

Duties included: handling money, sales, customer service, assisting with major national festivals alongside weekly local events, while also being trusted with operating social media platforms.

3 years of service at Major Label inspired me professionally as working with a very successful self-started company, owned by a group of incredibly humble, hardworking and creative people, who maintained drive, discipline and incredible acts of kindness towards staff, other companies and customers that reignited my passion for working with friendly, upbeat people of all ages.

## EDUCATION AND TRAINING

• Dates (from – to)	09/2014 – 06/2017
• Name and type of organisation providing education and training	University of Lincoln
• Principal subjects/occupational skills covered	Sports and Exercise Science
• Title of qualification awarded	BA (Hons)
• Level in national classification (if appropriate)	2:2
• Dates (from – to)	09/2012 – 06/2014
• Name and type of organisation providing education and training	Lincoln College
• Principal subjects/occupational skills covered	Sports, coaching, performance and fitness
• Title of qualification awarded	BTEC
• Level in national classification (if appropriate)	DDM
• Dates (from – to)	09/2005 – 06/2010
• Name and type of organisation providing education and training	Springwood High School
• Principal subjects/occupational skills covered	Maths English Literature English Language Science German Religious Education History Business Physical Education Information Technology
• Title of qualification awarded	GCSE
• Level in national classification (if appropriate)	Maths - c English Literature – A* English Language – A* Science - C German - C Business - BC Physical Education – A*

**PERSONAL SKILLS  
AND COMPETENCES**

*Acquired in the course of life and career  
but not necessarily covered by formal  
certificates and diplomas.*

**MOTHER TONGUE**

**English**

**OTHER LANGUAGES**

- Reading skills
- Writing skills
- Verbal skills

**Italian**

Basic

Basic

Average

**SOCIAL SKILLS  
AND COMPETENCES**

*Living and working with other people, in  
multicultural environments, in positions  
where communication is important and  
situations where teamwork is essential  
(for example culture and sports), etc.*

A history of diversely challenging myself physically and mentally through a mixture of travel, studying, training and competition has helped develop my personality, attitude and outlook. Having lived in Naples, Italy, learning a new language through self-study developing language skills quickly, integrating into a new community and culture whilst working as an English teacher in both private and public, elementary and middle schools, and competing with both Amatori Napoli R.F.C and Team Balzano MMA and becoming a known member of a local community in another country has given me drive and excitement to work closely with people in a group atmosphere and watch the growth and development of myself, my given community and the people around me.

**ORGANISATIONAL SKILLS  
AND COMPETENCES**

*Coordination and administration of  
people, projects and budgets; at work, in  
voluntary work (for example culture and  
sports) and at home, etc.*

During my time at University I worked night shifts to fund my studies, whilst studying, playing Rugby and attending the gym, I held responsibility as the team social secretary, arranging and organizing fund raising, social events and celebrations.

**TECHNICAL SKILLS  
AND COMPETENCES**

*With computers, specific kinds of  
equipment, machinery, etc.*

CONFIDENT USER OF ALL MODERN TECHNOLOGY, HIGH LEVELS OF WORD PROCESSING AND PRESENTATION SKILLS.

**ARTISTIC SKILLS  
AND COMPETENCES**

*Music, writing, design, etc.*

Having had a passion for sports since a young age has developed many character and personality traits which are of benefit and applicable both during day to day life and within a working environment, with work ethic, communication, discipline and positivity are traits that I pride myself upon. My background is predominantly in martial arts with passion for grappling arts such as Greco-Roman Wrestling and Brazilian Jiu-Jitsu which greatly develop patience, confidence, and calmness that transcends sport and influences intelligent decision making and character development and further sporting experience includes with 1<sup>st</sup> team rugby for Market Rasen & Louth RFU, competing weekly in Midlands 1, and having contributed to the squad achieving its highest ever league finish alongside winning a County Cup. Further sporting activities include attending the gym and yoga.

**OTHER SKILLS  
AND COMPETENCES**

*Competences not mentioned above.*

**DRIVING LICENCE(S)**

Full EU

**ADDITIONAL INFORMATION**

References – Louis Mann - +44 (0)7960248293, louismann6@gmail.com

**ANNEXES**

BA (Hons) Sports Science Certificate  
A Level Certificates  
GCSE Certificates